



**GAO CHINESE**  
CULTURE ACADEMY

# *China*

# *Field Trip*

An unforgettable journey from city's park to ethnic charm.

# Shanghai-Lijiang-Dali-Shangri-La

*Jun 5 - 16*



Age: Family groups aged six and above

Attraction admission tickets  
with  
an English-speaking tour  
guide.

Shanghai's popular  
restaurant

Five star hotel

Private air-conditioned  
transportation with licensed  
drivers.



Five - star  
experience

# *12-Day, 11-Night Itinerary: Shanghai – Lijiang – Shangri-La – Dali*

---

DAY 1

June 5: Arrival in Shanghai. Airport pickup and transfer to the hotel. Check in and rest.

Overnight: Shanghai

DAY 2

June 6: Shanghai City Highlights, Nanjing Road Pedestrian Street, City Walk, Bund Architecture Group Night View, Bund Night Cruise.

Overnight: Shanghai

DAY 3

June 7: Visit the Shanghai History Museum, explore the world's largest Starbucks coffee shop, and visit the Luxurious LV boat

Overnight: Shanghai

DAY 4

June 8: Chenghuang Temple & Yu Yuan Garden & Tianzifang

Overnight: Shanghai

DAY 5

June 9: Flight from Shanghai to Li Jiang(elevation:2400m), Transfer to the hotel and rest.

Overnight: Lijiang

DAY 6

June 10: Visit Shuhe Ancient Town, a village named after the nearby mountain.

Overnight: Lijiang

DAY 7

June 11: Lijiang - Jade Dragon Snow Mountain

Overnight: Lijiang

DAY 8

June 12: Lijiang → Shangri-La: Visit Nixi Village for a hands-on Tibetan earthenware experience, followed by a visit to the ancient town of Dukezong.

Overnight: Shangri-La

DAY 9

June 13: Travel from Shangri-La (elevation 3,201 m) to Dali (elevation 2,017 m) and visit Songzanlin Temple.

Overnight: Dali

DAY 10

June 14: Visit the Erhai Lake and Xizhou Ancient Town, experience tie-dyeing

Overnight: Dali

DAY 11

June 15: Lunch in the ancient city, followed by a flight back to Shanghai.

Overnight: Shanghai

DAY 12

June 16: Fly back to the United States

## N Reasons to Fall in Love



From the modern vibrancy of Shanghai, to the timeless charm of the ancient towns of Lijiang and Dali, and the rich ethnic cultures of mystical Shangri-La —one journey to discover the true diversity of China.



*Comfortable sleep is essential during the trip. Accommodation will be in five-star hotels throughout the journey.*



# *Enjoy Shanghai's food and discover Yunnan's ethnic cuisine*



# *Make precious memories in these beautiful places.*

National first-class museums showcase Shanghai's 6,000-year local history and revolutionary heritage.

## Shanghai History Museum



A 600-year-old site in a busy area of Shanghai, known for local snacks such as dim sum, vegetarian buns, and pigeon egg dumplings.

## Chenghuang Temple



Take a night river cruise to enjoy Shanghai's stunning skyline, passing iconic sights such as the Bund and Lujiazui.

## Bund Night Cruise

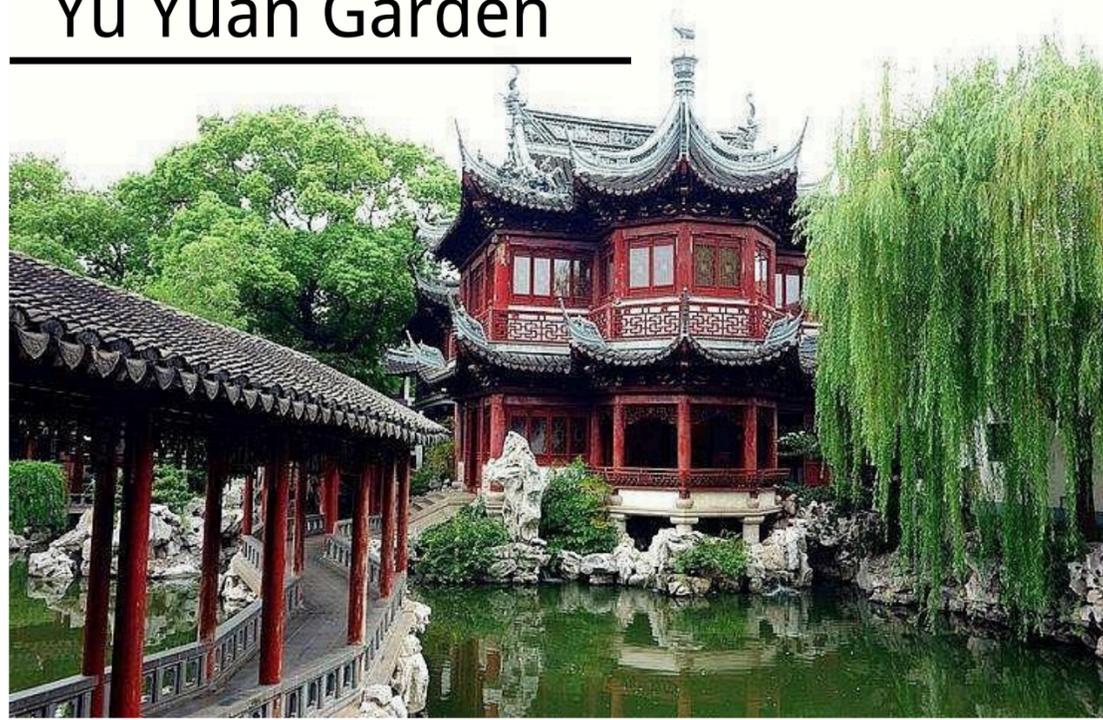


Located in Shanghai, this Starbucks Reserve Roastery is the world's largest Starbucks store. More than just a coffee shop, it feels like a coffee museum, where visitors can watch coffee beans being roasted on site. Blending industrial design with artistic elements, the space is open, immersive, and uniquely atmospheric—making it a must-visit stop for coffee lovers and travelers alike.

### The world's largest Starbucks coffee shop



### Yu Yuan Garden



It was a private Ming Dynasty garden owned by Pan Yunduan, a former governor of Sichuan. It features classic Jiangnan garden style and preserves valuable cultural relics that reflect traditional Chinese culture and art.

### The Bund



In 1844, the Bund area was designated the British Concession, with 52 historic buildings in diverse architectural styles, and it stands as a key site in modern Chinese history and a landmark in Shanghai.

Explore this thousand-year-old town, home to the Naxi people, with its charming ancient streets, bustling markets, and nearly a thousand traditional houses.

old ancient town of Shuhe



Experience traditional ethnic costumes



Enjoy singing and dancing with local ethnic minority groups.

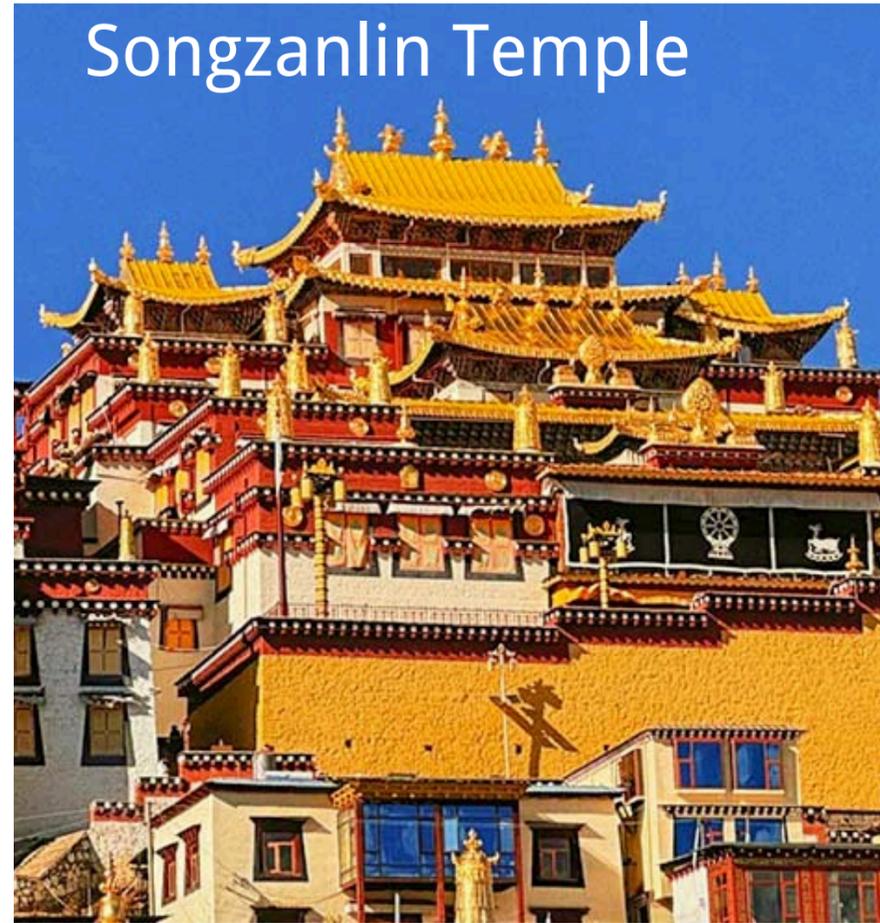
It is a river formed in a deep valley upstream by the continuous accumulation of mountain streams and gullies after glaciers on Yulong Snow Mountain in Lijiang melted, with crystal-clear waters reflecting Yulong Snow Mountain, a painting brought to life.

## Blue Moon Valley

---



## Songzanlin Temple



It is a beautiful Tibetan Buddhist monastery situated around 5KM from the city of Shangri-La at an elevation of 3,380 metres in Yunnan province. It has a long history, having been built in 1679, and is the largest Tibetan Buddhist monastery in Yunnan province. The outlook from afar actually looks like Tibet's Potala Palace, people will refer to it as the Little Potala Palace.

---

## Snow Mountain



Yulong Snow Mountain Nature Reserve in Lijiang, Yunnan, features a main peak at 5,596 meters and an average annual temperature of 53°F.

Dukezong Ancient City, a key stop on the ancient Tea Horse Road, is one of China's best-preserved large Tibetan settlements. Almost every Tibetan household has its own scripture hall, housing statues of Shakyamuni, Tsongkhapa, the Supreme Tara, and various Buddhist scriptures.



The Erhai Lake

Ride a bicycle along Erhai Lake with the fresh air around you, Bai ethnic houses on the left, and the clear blue waters of Erhai Lake on the right, enjoying the authentic Bai architecture along the way.

---



The ancient town of Dukezong



tie-dyeing

Dali tie-dye is entirely handmade, mainly in blue and white. White symbolizes good fortune, blue represents hope and sincerity, and together they reflect the Bai people's purity, tolerance, and pursuit of an ideal life.

## The cost includes

11 nights of 5-star accommodation (with breakfast), five formal meals, including one hot pot meal with a performance, attraction entrance fees, an English-speaking tour guide, a coach bus, domestic flight and high-speed train tickets, travel insurance, and bottled water.

## Excluding

Round-trip air plane tickets from the United States to China

- Additional expenses incurred within attractions (e.g., battery-operated carts or optional activities)
- All other meals and transportation during free time outside the scheduled itinerary



Please scan the QR code to complete the registration form if you are interested.

Wishing you a comfortable and pleasant journey

