

## 中国传统武术咏春拳--- Chinese traditional martial arts: Wing Chun



### Course Description

Wing Chun is a traditional Chinese martial art, a technology to stop aggression, an active and streamlined self-defense system, and a boxing technique to use force legally.

### 课程描述

咏春拳是一门中国传统武术，是一门制止侵袭的技术，是一个积极、精简的正当防卫系统、合法使用武力的拳术。