

## 中国传统书法--- Traditional Chinese Calligraphy









## **Course Description**

Cultivate people's excellent qualities, such as concentration, carefulness, patience, and perseverance, to improve overall grades - which is irreplaceable by other disciplines. Learning calligraphy can make people become "quiet." When a person's mind is in a state of peace, its quality of thinking and efficiency is the highest, and the answer to the exam is clear, and it comes out in full swing; On the contrary, they are impatient, confused, or incoherent.

## 课程描述

培养人的专心、细心、耐心和毅力等优秀品质,从而提高人的整体素质——这是其它学科无法替代的。学书法能使人变"静",当一个人的心灵处于宁静状态时,其思维质量和办事效率是最高的,考试答题更是思路清晰,汨汨而出;反之则心浮气躁、思绪混乱或语无伦次。